

Birch School SMART Goals Worksheet



Name: _____ Date: _____

GOAL: _____ SUBJECT/COURSE TITLE: _____

| | <i>Answers at start of Quarter</i> | <i>3 Week Update</i> |
|--|------------------------------------|----------------------|
| <p>Specific</p> <ul style="list-style-type: none"> • What is the desired result? (who, what, when, why, how) What do you want to get out of the class or subject? <p>(Use other side if you need more room)</p> | | |
| <p>Measurable</p> <ul style="list-style-type: none"> • How can you quantify (numerically or descriptively) completion? • How can you measure progress? | | |
| <p>Achievable</p> <ul style="list-style-type: none"> • What skills will you need to develop or learn? • What resources/books/etc. are necessary? • How does the environment impact goal achievement? • Does the goal require the right amount of effort? What help will you need from adults and mentors? | | |
| <p>Relevant</p> <ul style="list-style-type: none"> • How is the goal meaningful to you? How does it relate to your other goals? How does it fit into the bigger plan? | | |
| <p>Time-bound</p> <ul style="list-style-type: none"> • What is the deadline? • Is the deadline realistic? | | |

Final Goal/Result: On the other side of this sheet please write how will we know if you were successful?

